

But we use "Estuary" metaphorically. Estuary is a place where people come for conversation.

Geographically speaking, an estuary is the area where fresh water from a river meets up with the salt water of the ocean. It is a place of constant change, as when inland storms sometimes create torrents of water rushing towards the ocean, or when strong winds drive the waves to come crashing ashore. Estuary is where waves and currents meet, where the landscape changes constantly, where unique vegetation, and strange creatures, capable of adapting to different salt content, find their home. Estuary is a place of chaos, of change, of adaptation to different forces. Estuary is exciting, unpredictable, a place of adventure!

By John Vandonk, Reprinted with Estuary's permission.

What is an Estuary? Mutually respectful conversation across ideological lines.™



Rabbit Trails Zine

For Curious
and Creative Minds

If there aren't any in your area, check out their website to see how you can start one!

To find an Estuary near you, visit
www.EstuaryHub.com.

We also believe that in doing so we form new friendships. We build a unique new community.

Honest conversation. Not ideological warfare, memes, and trolling, but mutually respectful attempts to understand one another, and to learn to appreciate different perspectives and viewpoints. Estuary is a place where different ideas and ideologies meet. Where participants allow themselves to be exposed to new ways of thinking, where listening may be as important as talking, where being open to feedback will force you to "hear yourself think".

This zine is written and edited by Valerie Flynn.

Valerie Flynn is an author, podcaster and learner. She enjoys following rabbit trails wherever her curiosity leads her.

Some of the media projects she worked on were with **Hanna-Barbera**, **Putnam Berkley**, and **Turner Entertainment**.

She's a contributing author to the "**Writers Of Meaning**" book and the host of the **Nara Fellowship** podcast.

LionHawk Entertainment is her production company where she provides digital legacy keepsakes for her clients and their loved ones.

Life is an adventure. The journey's sweeter with friends. Follow her on **Substack @ValerieFlynn** or visit her websites at:

www.ValerieFlynn.com
www.NaraFellowship.com
www.LionHawkEntertainment.com

Issue
Connections

What are Digital Legacy Keepsakes?

By Valerie Flynn: originally published on
LionHawk Entertainment's website

Digital Legacy Keepsakes are based on the concept of legacy interviews, where guests share their stories, values and wisdom for their family and loved ones in a recording led by an interviewer.

Ethical Wills

What is an ethical will or legacy letter? For centuries, Jewish parents have written tzava'ot or end of life documents as a vehicle to passing down their values and wisdom to their children. Also called Spiritual Wills, they spread from their original faith and been adopted by many different faiths and by those without a religious affiliation.

This isn't a legal document, but a meaningful memento for loved ones before and/or after you pass on. It can be read with your will to convey the meaning behind your inheritance.

Other Keepsakes

In addition to Ethical Wills, there are a variety of types of legacy keepsakes such as hobby enthusiasts sharing their love for reenactment,

woodworking or history. Genealogists sharing the stories of the research itself to the stories they found out during their journey. Some businesses and charities might like to have interviews with the senior members or their historians to share the history of their organizations.

Different Mediums

One can create a written essay, book or audio / video or a private family website. There's no standard way to do it. And plenty of opinions on what to do and not do. Choose what you want.

If you've been wondering what to do with your free time, how about creating a legacy keepsake of your own?

LionHawk Legacy Keepsake Services

LionHawk Entertainment assists clients to create digital Legacy Keepsakes by professionally interviewing you or your loved one. Guiding you through the process of creating a digital Legacy Keepsake of your own to share with your precious people.

For more information or to schedule your interview, visit www.LionHawkEntertainment.com.

Writers Of Meaning: An Anthology on Community

This book is a collaboration
which features stories and essays.

- * What is Estuary and is it an antidote to cancel culture?
- * How is alchemy connected to community?
- * Will humanity survive an alien attack?
What will the survivors do in the aftermath?
- * Can you understand the symbolism of the fairy tale screenplay inside?
- * How did "This Little Corner" of the internet change a Hutterite's life?
- * What are the challenges the disabled face in trying to participate in community?
- * How are geeks, rabbits and meaning connected?

For the story behind this book and more information, visit www.WritersOfMeaning.com.

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Donations and zine feedback to the creator is appreciated. To download and print this zine for yourself and others, please visit: www.ValerieFlynn.com/Zine.